



walking with purpose

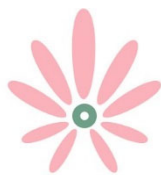
Star of the Sea Walking with Purpose 2023-2024

Opening Your Heart & Keeping in Balance

Mondays at 6pm and Tuesdays at 9am

Date PM & AM	Session	Opening Your Heart	Session	Keeping in Balance
9/18 & 09/19	1	Connect Coffee: Four Steps to WWP	1	Connect Coffee: Getting a Grip Through Authenticity
9/25 & 9/26	2	Who is Jesus Christ?	2	Balance Through Authenticity
10/02 & 10/3	3	Why is Jesus Interested in My Friendship?	3	Balance Through Priorities
10/09 & 10/10	4	Why and How Should I Pray?	4	Balancing Expectations
10/16 & 10/17	5	Connect Coffee: God - First Place in All Things	5	Connect Coffee: Getting a Grip Through Relationships
10/23 & 10/24	6	Who is the Holy Spirit?	6	Balance Through Relationships
10/30 & 10/31	7	Why Should I Read the Bible?	7	Balance Through Worship
11/13 & 11/07	8	What is Grace and What Difference Does It Make?	8	Balancing in Your Schedule
11/20 & 11/14	9	What are the Limits of Christ's Forgiveness?	9	Balance Through Rest
11/27 & 11/21	10	Connect Coffee: Your Heart - You are Captivating	10	Connect Coffee: Getting a Grip Through Rest
12/4 & 11/28	11	What Does the Sacrament of Penance Have to Do with My Friendship with Christ?	11	Balancing Through Service
12/11 & 12/5	12	What Does the Eucharist Have to do with My Friendship with Christ?	12	Balance Through Contentment





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Date PM & AM	Session	Opening Your Heart	Session	Beholding Your King
12/18 & 1/2	13	How Can I Conquer My Fears?	13	Balance Through Simplicity
1/8 & 1/9	14	Connect Coffee: Marriage - Transformed by Grace	14	Connect Coffee: Getting a Grip Through Simplicity
1/22 & 1/16	15	What is the Role of Suffering in My Life?	15	Balancing our Cravings
1/29 & 1/23	16	What Does Mary Have to do with My Relationship with Christ?	16	Balancing Through Self Discipline
2/05 & 1/30	17	Can God Really Change Me or Is That Just Wishful Thinking?	17	Balance Through Surrender
2/12 & 2/6	18	Connect Coffee: Reaching Your Child's Heart	18	Connect Coffee: Getting a Grip When It All Falls Apart
2/26 & 2/20	19	What Challenges Will I Face in My Efforts to Follow Jesus More Closely?	19	Balance Between Mediocrity and Perfectionism
3/04 & 2/27	20	What is the Relevance of the Church in My Life?	20	Balance in our Thought Life
3/11 & 3/5	21	How Do I Read the Bible in a Meaningful Way?	21	Balancing Through Engaging Culture
03/18 & 03/12	22	Connect Coffee: Set the World on Fire	22	Connect Coffee: Getting a Grip in Culture